

Lambs Longer Leg Fell Race – Sun, 19 Jan 2020

Start Time : 10.30am 800 metres from the Pub

Senior Race Entry Form - Min. age 18 yrs – Fee £5.00

Full Name

Club

Date of Birth

Age

Email Address (for entry confirmation)

Category (Please circle below)

WOMEN	WSEN	W40	W45	W50	W55	W60	W65	W70
MEN	MSEN	M40	M45	M50	M55	M60	M65	M70

ADDRESS

Phone No

Vehicle Reg.

Emergency Contact

Emergency Contact Phone Number

Declaration

I understand that this race is held in accordance, and that I have familiarised myself, with both the Rules and Safety Requirements of the FRA. I confirm that I am aware of the Organiser's information and requirements in connection with this race. I confirm that I have navigational skills appropriate for this race and will carry throughout the race any equipment specified by both the race organiser and the FRA Safety Requirements. I accept the hazards involved in fell running and acknowledge that I am entering and running in this race entirely at my own risk, other than the Organiser's liability for causing death or personal injury by negligence.

I confirm that I understand that the Organiser accepts no liability to me for any loss or damage of any nature to me or my property arising out of my participation

Signed

Date